

## Personal Chef FAQ

### **What is a Personal Chef?**

A Personal Chef offers food prepared in a professional manner. Your individual tastes and preferences drive the creation of your menus. These personalized menus are prepared, then packaged, labeled and delivered. A Personal Chef provides exceptional tasting food that rivals all restaurants and gives you time to spend the way you want to.

### **How does The Invisible Chef Personal Chef Service work?**

The Invisible Chef will meet with you and discuss your preferences about food. You will complete a detailed questionnaire pertaining to specific likes, dislikes and dietary needs or concerns. The Invisible Chef uses all this information to create varied, imaginative and personalized menus of entrees and matching side dishes for you and your family. After you approve the menu, The Invisible Chef prepares and delivers the meals to you. All you have to do is reheat your meal choice at your convenience, and put a healthy, delicious meal on your table in minutes.

### **How many meals are prepared with a Personal Chef?**

The Invisible Chef Personal Chef Service can be quite flexible. Generally, a two-week service for two people (5 entrees and appropriate side dishes for a total of 9-10 meals) is standard. However, there are a variety of service options to fit your needs. Pricing depends on the number of people enjoying the service, special dietary needs, and the types of foods prepared. Additional services are available, such as kid-friendly food and portions, business luncheons, special occasion dinner parties, wine selection, and dessert preparation. For larger, event-based food needs, The Invisible Chef also offers catering options featuring handcrafted, made-from-scratch menu items.

### **How often do I need a Personal Chef?**

Quite a few factors determine how often The Invisible Chef's service is needed, such as how many family members will be eating the food, how often you might go out to dine, vacations, business trips or other unexpected events in peoples' hectic lives. The Invisible Chef can deliver as often as once a week or as little as once every six months — it's up to you!

### **What does the price include?**

Your in-depth consultation • Your personalized menu • Shopping for the freshest and best ingredients • Meal preparation • Packaging of your delicious, home cooked meals • Easy instructions for thawing and reheating

### **Why hire a USPCA Chef?**

As a licensed member of the United States Personal Chef Association, The Invisible Chef is supported with continued professional training, access to hundreds of tested, proven recipes, and a network of Professional and Personal Chefs.